

0008

**Banded Versus Non-banded Laparoscopic Gastric bypass: 434 consecutive patients with a minimum 5 y follow-up.**

Category: Outcomes from Bariatric Surgery

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Introduction: Weight regain after a standard gastric bypass is a well-known problem in around 30 % of these patients. We started with the banded gastric bypass (BGB) in 2006.

Methods: Between June 2002 and March 2015, 1288 GB operations were performed: non-banded gastric bypass (NBGB) in 316 patients and BGB in 972 patients. We present a cohort study comparing 432 consecutive patients (254 NBGB / 178 BGB) with a minimum follow-up of 5 years.

Results: The evolution of % excess weight loss: at 1 y 73 / 76, at 2 y 74 / 78, at 3 y 71 / 78, at 4 y 69 / 77 and at 5 y 66 / 79. From the 3<sup>rd</sup> year there was a weight regain in de NBGB group which continued till the 5<sup>th</sup> year. There was none important weight regain in the banded group with the band intact. The late dysphagia was acceptable and patient appreciation was rated 'very good' in 95% of banded surgery.

Conclusions: These results show that the weight loss at 5 years is better after a BGB. There were no re-operations in the BGB group because of weight regain in 5 years against 5% in the NBGB group. Since the low percentage of band related problems (no migration in our study and only 3 bands removed) we suggest always performing a BGB which is now the policy in our bariatric centre.