

Bariatric Nurse Workshop

Speakers



Lara Maidment

Lara trained as a nurse in the 80's at Guys Hospital London and then qualified as a midwife. Lara has worked across varied areas of nursing and midwifery holding senior nursing roles within fertility, surgery (gynae, ortho, day surgery) and chronic disease management. Working also within general practice in Australia Lara became increasingly aware of the “obesity” effect on patients, care delivery and outcomes. Having coached patients to self-manage their chronic diseases and following completion of further studies in diabetes care and chronic diseases Lara moved to her current position as a Clinical Nurse Consultant at the Princess Alexandra Hospital in 2011. Lara coordinates the outpatient Complex Obesity Service within the Department of Diabetes and Endocrinology an inter disciplinary medical / surgical model of care with an integrated holistic approach to “treatment” options for persons of size.

Lara is married with 3 grown sons and 2 very active dogs.



Jane Collins

As a Registered Nurse Jane Collins has worked in all areas of the bariatric patient's care both within the hospital and the clinic setting. In 2005 she was one of the original team members at the Adelaide Bariatric Centre where she assumed the role of Clinical Research Co-ordinator and Clinical Bariatric Nurse. Over the years her role within the clinic has continued to evolve. Jane provides support to the hospitals aligned with the Bariatric Centre providing in-service education/training to their staff.

Jane is enthusiastic about the patient's journey and is always motivated to help them achieve the best outcome from their bariatric surgery. Through her research work, Jane has presented at local and international obesity meetings with particular focus on the patient care element of bariatric surgery. In 2015 Jane was one of five founding directors of the Institute of Child and Adolescent Obesity Management.