

Nutrition and psychological support in the complicated cases

Speakers



Ahmad Aly

Head Upper Gastrointestinal Surgery, Austin Hospital
Clinical Associate Professor, University Of Melbourne
President Elect OSSANZ

Ahmad is an Upper Gastrointestinal Surgeon with active clinical and research interests in advanced laparoscopic surgery, benign and malignant upper gastrointestinal surgery and bariatric surgery.

Ahmad's bariatric practice encompasses gastric banding, sleeve gastrectomy, gastric bypass and revisional bariatric surgery in both public and private sectors.



Suzie Ferrie

Since 2001, Suzie Ferrie has been the critical care dietitian in the ICU at Sydney's Royal Prince Alfred Hospital, as well as clinical affiliate lecturer at the University of Sydney. She recently completed a PhD looking at methods for assessing and monitoring nutrition in clinically ill and postoperative patients.



Charlene Grosse

Charlene is an Accredited Practising Dietitian who has specialised in bariatric surgery and gastrointestinal diseases. Charlene has been instrumental in the setup and development of the Bariatric Dietitians Working Group (WA) and the Dietitian's Associations National Bariatric Interest Groups to help ensure patients receive excellent nutrition care. She is the current Vice Chair for the DAA Bariatric IG.

Charlene is passionate about the role dietitians have to play in managing health and has established Specialised Nutrition Care to provide leading dietetic support in oncology, gastrointestinal diseases and bariatric surgery. Charlene is also the Manager of Dietetics and Social Work at St John of God Subiaco Hospital.



Cal Paterson

Cal is a Clinical Psychologist who has been working in the field of Psychology since 1997. Cal has worked in government and NGO settings, education, and in private practice with diverse groups including children, families, couples, and adults, providing interventions and support for mental health conditions, chronic health conditions and other areas of psychology practice.

Research from Cal's doctoral thesis, titled "Great Expectations: Applying Common Factors theory to practice in Psychotherapy" was presented in part at the annual conference of the International Society for Exploration of Psychotherapy Integration in Lisbon, Portugal in 2006. Cal has presented papers, seminars and workshops in Australia and overseas in topics ranging from intellectual disability family therapy, to principles of couple therapy, to Psychological intervention for Chronic Health Conditions.

Cal is an AHPRA-registered Clinical and Supervising Psychologist, a Founding Member of the Australian Clinical Psychology Association, A member of the International Society for the Exploration of Psychotherapy Integration, and an associate member of the Obesity Surgery Society of Australia and New Zealand.



Kylie Murphy

Kylie Murphy is a clinical and health psychologist who has worked in hospital outpatient, community health, and university settings. She is currently working in private practice where she is committed to using evidence-based therapies to treat a range of eating, weight, and body image problems, and other associated psychological difficulties such as depression and anxiety. Kylie has a particular interest in working with bariatric surgery clients, both prior to and after their surgery. In addition to her clinical work, Kylie also presents workshops and lectures on the psychological aspects of obesity management, and has published and presented research in the area.



Nikki Cummings

Dr Nikki Cummings - is an Accredited Practicing Dietitian (APD); she completed her Graduate Diploma in Dietetics and her PhD at Curtin University in Perth.

Nikki started her dietetic career as a Food Service/Sports Dietitian at the Australian Institute of Sport in Canberra, and it was here that her interest in disordered eating behaviours began. Nikki returned to Perth at the end of 2000 and after working in several clinical and community settings found her interest lay in working with clients on the extremes of disorder eating from under to over eating. Nikki set up her own private practice clinic based in Murdoch, Perth in 2001. She also works within a practice of 5 Upper GI surgeons who perform sleeve-gastrectomy and bypass surgeries. Nikki has further training in Advanced Cognitive Behaviour Therapy, Acceptance Commitment Therapy and Mindfulness techniques.

Nikki is a guest lecturer at Edith Cowan University (Masters of Nutrition and Dietetics). Nikki is passionate about promoting best practice guidelines for working with bariatric surgery clients and has a steady stream of students attend her practice for clinic observation; she was also instrumental in setting up the Bariatric Dietitian's Working Group of WA and was a committee member on the National Bariatric IG in 2014/5.